

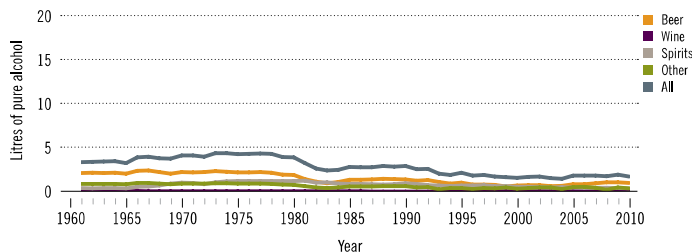
Kenya

Total population: 40 909 000 > Population aged 15 years and older (15+): 57% > Population in urban areas: 22% > Income group (World Bank): Low income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Alcohol per capita (15+) consumption (in litres of pure alcohol)

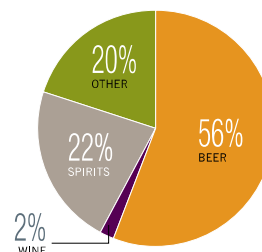
	Average 2003–2005	Average 2008–2010	Change
Recorded	1.6	1.8	↗
Unrecorded	2.5	2.5	→
Total	4.1	4.3	→
Total males / females		7.4 / 1.3	
WHO African Region	6.2	6.0	

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	2.4	7.4
Females (15+)	<0.1	0.1
Both sexes (15+)	1.2	5.2

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	22.8
Females (15+)	9.6
Both sexes (15+)	18.9

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	51.8	77.1	64.6
Former drinkers* (15+)	15.9	9.6	12.7
Abstainers (15+), past 12 months	67.7	86.7	77.3

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	Population	Drinkers only	Population	Drinkers only
Liver cirrhosis, males / females	29.8	18.0	59.3	49.1
Road traffic accidents, males / females	52.3	9.1	6.5	1.1

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	5.8	2.4
Females	0.8	0.4
Both sexes	3.2	1.4
WHO African Region	3.3	1.4

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2010/2011) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	Yes, Yes / Yes, Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	No / No / No
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	Yes / Yes
National government support for community action	Yes