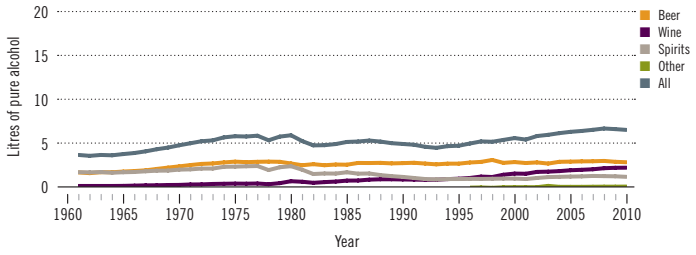
Norway

Total population: 4 891 000 ➤ Population aged 15 years and older (15+): 81% ➤ Population in urban areas: 79% ➤ Income group (World Bank): High income

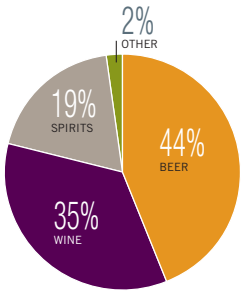
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	6.2	6.7	➔
Unrecorded	1.6	1.0	↘
Total	**7.8**	**7.7**	➔
Total males / females		10.8 / 4.7	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	11.6
Females (15+)	5.9
Both sexes (15+)	9.0

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	17.4	18.7
Females (15+)	6.5	8.3
Both sexes (15+)	11.9	13.9

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	2.7	8.3	5.5
Former drinkers* (15+)	4.2	13.0	8.6
Abstainers (15+), past 12 months	6.9	21.2	14.1

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 ❸ 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	4.6	2.6	52.4	63.6
Road traffic accidents, males / females	5.8	1.6	7.5	3.2

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 ❸ 4 5 > MOST

*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	12.0	7.4
Females	4.2	2.3
Both sexes	8.1	4.9
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).
**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (1998/2012) / No
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 20
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 20
Restrictions for on-/off-premise sales of alcoholic beverages:	
Hours, days / places, density	Yes, Yes / No, No
Specific events / intoxicated persons / petrol stations	No / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.02 / 0.02 / 0.02
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	Yes
National monitoring system(s)	Yes

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