

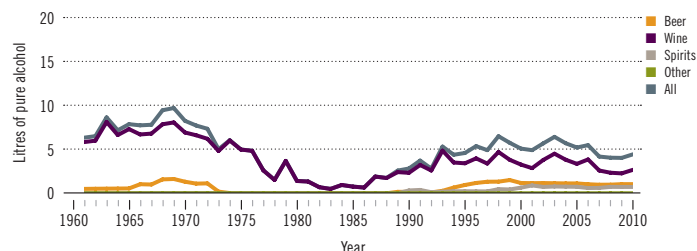
Sao Tome and Principe

Total population: 178 000 ► Population aged 15 years and older (15+): 58% ► Population in urban areas: 62% ► Income group (World Bank): Lower middle income

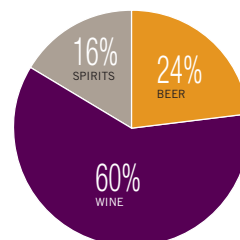
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

| | Average 2003–2005 | Average 2008–2010 | Change |
|-----------------------|-------------------|-------------------|--------|
| Recorded | 5.8 | 4.2 | ↘ |
| Unrecorded | 2.9 | 2.9 | → |
| Total | 8.7 | 7.1 | ↘ |
| Total males / females | | 11.5 / 2.9 | |
| WHO African Region | 6.2 | 6.0 | |

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

| | |
|------------------|------|
| Males (15+) | 23.3 |
| Females (15+) | 10.4 |
| Both sexes (15+) | 18.5 |

Prevalence of heavy episodic drinking* (%), 2010

| | Population | Drinkers only |
|------------------|------------|---------------|
| Males (15+) | 8.2 | 16.5 |
| Females (15+) | 1.8 | 6.5 |
| Both sexes (15+) | 4.9 | 12.8 |

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

| | Males | Females | Both sexes |
|----------------------------------|-------|---------|------------|
| Lifetime abstainers (15+) | 36.4 | 64.2 | 50.7 |
| Former drinkers* (15+) | 14.1 | 8.4 | 11.2 |
| Abstainers (15+), past 12 months | 50.6 | 72.6 | 61.9 |

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

| | ASDR* | | AAF (%) | |
|---|-------|---|---------|---|
| Liver cirrhosis, males / females | — | — | — | — |
| Road traffic accidents, males / females | — | — | — | — |

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST MOST

*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

| | Alcohol use disorders** | Alcohol dependence |
|--------------------|-------------------------|--------------------|
| Males | 8.8 | 3.7 |
| Females | 1.6 | 0.8 |
| Both sexes | 5.1 | 2.2 |
| WHO African Region | 3.3 | 1.4 |

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

| | |
|--|---------------------------------|
| Written national policy (adopted/revised) / National action plan | No / — |
| Excise tax on beer / wine / spirits | No / No / No |
| National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits) | No / No / No |
| National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits) | No / No / No |
| Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations | No, No / No, No No / No / No |

| | |
|--|--------------------|
| National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in % | 0.05 / 0.05 / 0.05 |
| Legally binding regulations on alcohol advertising / product placement | No / No |
| Legally binding regulations on alcohol sponsorship / sales promotion | No / No |
| Legally required health warning labels on alcohol advertisements / containers | No / No |
| National government support for community action | No |
| National monitoring system(s) | No |