

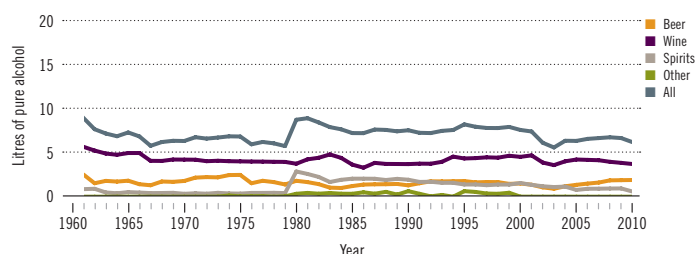
Uruguay

Total population: 3 372 000 ► Population aged 15 years and older (15+): 77% ► Population in urban areas: 92% ► Income group (World Bank): Upper middle income

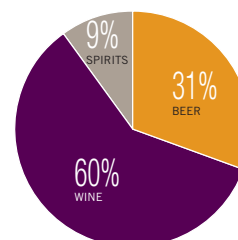
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	6.1	6.6	→
Unrecorded	2.0	1.0	↘
Total	8.1	7.6	→
Total males / females		11.3 / 4.2	
WHO Region of the Americas	9.2	8.4	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	16.1
Females (15+)	8.7
Both sexes (15+)	12.9

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	14.7	20.9
Females (15+)	4.7	9.8
Both sexes (15+)	9.4	16.1

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	11.6	29.6	21.1
Former drinkers* (15+)	18.3	22.0	20.3
Abstainers (15+), past 12 months	29.9	51.7	41.3

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	Population	Drinkers only	Population	Drinkers only
Liver cirrhosis, males / females	13.0	2.4	54.1	60.1
Road traffic accidents, males / females	39.4	9.4	7.6	2.6

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	7.9	3.8
Females	2.9	1.7
Both sexes	5.3	2.7
WHO Region of the Americas	6.0	3.4

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.03 / 0.03 / 0.00
Excise tax on beer / wine / spirits	Yes / No / Yes	Legally binding regulations on alcohol advertising / product placement	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages:		National government support for community action	Yes
Hours, days / places, density	Yes, No / Yes, No	National monitoring system(s)	Yes
Specific events / intoxicated persons / petrol stations	Yes / No / No		